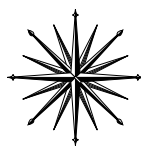


IDEAS FOR CREATIVE DATES

Think *JOURNEY* not destination



Keep your eyes and ears open!

Be open for inspiration to strike
at unusual times and places



Always have a notebook and pen

Visit your favourite art supplies shop, just to look...

Perhaps visit a gallery or take a workshop



Take a friend...or go by yourself



Turn a walk into a game
of I Spy or a treasure hunt



Listen to a talk or podcast
while you walk



Collect fallen leaves, shells,
conkers, or scraps of street litter



Whatever you do...

LOSE YOURSELF IN THE MOMENT

